



You're Invited!

NAP SACC

(Nutrition and Physical Activity
Self-Assessment for Child Care)

Fall 2017!

*Receive training
hours!*

FREE participation includes:

- An online assessment prior to workshop (required for past and new participants)
- Attending a 2 hour workshop
- Creating an action plan post-workshop
- A repeat self-assessment within 6 months

Your NAP SACC consultants at Monroe County Health Department invite you to take part in an engaging NEW workshop this fall! Learn ideas for sending healthy habits home, information on creating a breastfeeding friendly facility, plus tips for supporting families with a breastfed baby.

Choose one of these three dates:

- *Wed. 9/27, 6:30-8:30 PM*
- *Thur. 10/5, 6:30-8:30 PM*
- *Wed. 11/1, 6:30-8:30 PM*

*All workshops will take place at
Monroe County Health Department:*

2353 S. Custer, Monroe, MI 48161



Call now to register! 734-240-7867