



Monroe County Commission on Aging

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Community / In-Home Services: Older Adult Counseling

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Service Name: Older Adult Counseling

Service Definition: Activity designed to develop or strengthen individual's health and well-being conducted either individually or in-group setting.

Unit of Service: One 50-minute counseling session- group or individual

Contract Type: Fee-for-Service

Minimum Requirements:

1. Service must be provided by a licensed Social Worker, Psychologist, Counselor or equivalent holding the appropriate licensure through the State of Michigan.
2. Therapists must subscribe to and follow the ethical code related to their respective license (NASW, NBCC, APA)
3. Counseling can be delivered in a variety of formats depending on the specific needs of the client. For the purposes of the commission, counseling may occur in individual, couples or group settings.
4. Programs must have a protocol in place that protects the confidentiality of clients.
5. Program staff must document in writing evaluation, progress and treatment on each client served.

6. Programs must have a protocol in place that allows delivery of service to clients who are homebound.
7. Programs should have a programmatic plan to cover common issues that affect seniors for group counseling sessions.
8. Programs must service the Monroe County area.
9. Programs must serve residents age 60 and older.