

**Directory of Services Provided by the
Monroe County Commission on Aging Senior Millage**
(All telephone numbers listed below are in the 734 area code)

Ash Senior Citizens

654-2006

The Ash Seniors meet every Monday of each month at the Carleton VFW Hall providing meals, activities, and socialization.

Bedford Health Van

850-6045

The Bedford Health Van provides specialized transportation to non-emergency medical appointments to Monroe County Residents.

Bedford Senior Citizens Center

856-3330

The Bedford Senior Center is a multi-purpose center that serves the Bedford Township area providing congregate and home delivered meals, activities, and socialization.

Berlin Township Senior Citizens

586-2002

The Berlin seniors meet every Tuesday each month in the lower level of the Berlin Township Hall providing congregate meals, activities, and socialization.

Deaf & Hearing Impaired Services

(248) 473-1888

Deaf & Hearing Impaired Services provides deaf and hearing-impaired support and services across Monroe County.

Dundee Senior Citizens Center

529-2401

The Dundee Senior Center is a multi-purpose center that provides congregate meals, activities, socialization and home delivered meals daily to the seniors of Dundee, Summerfield, Ida, and Raisinville Township areas.

Faith in Action for Monroe County

243-2233

Faith in Action for Monroe County is a network of religious congregations and community members, whose purpose is to work with the frail, elderly, disabled, and their families by offering Transportation, Errands, Minor home repairs, Chores, Yard work, Light housekeeping, Friendly visits, Supportive phone calls, and Relief for full time family caregivers.

Foster Grandparent Program

242-5799

The Foster Grandparent Program matches low income men and women ages 60+ with children who have special needs at the Intermediate School District, Monroe, Dundee, Mason and Summerfield Schools, Ida Hearing Impaired Program, Boysville and Head Start. Additional summer placements include the summer reading program at the Orchard School, and Holiday Camp.

Frenchtown Senior Citizens Center

243-6217

The Frenchtown Senior Center is a multi-purpose center that provides congregate meals, activities, and socialization. Additionally, the center has the Friendship Club, which is a social model Adult Day Care with a Dementia specific emphasis, that is fully funded by the Monroe County Commission on Aging and the Area Agency on Aging 1-B.

Home Instead Senior Care

240-3057

Home Instead Senior Care is a reliable source of home care for seniors in the Monroe County area. Services include companionship, meal preparation, light housekeeping, medication reminders, shopping, errands, Alzheimer's care and more. They offer a few hours a day or long term care 24 hours a day.

Lake Erie Transit Commission

Lake Erie Transit is a non-profit public transit system in the Monroe County area that offers essential transportation services to seniors in Monroe and Bedford.

~ Essential Transit System (Monroe)

242-6670

~ Essential Transit System (Bedford)

847-1170

Living Independence for Everyone

242-6800

Living Independence for Everyone provides congregate and home delivered meals for older persons to help them live as independently as possible. Living Independence for Everyone operates out of the Frenchtown Senior Center, Sullivan Senior Center, Water Tower Park Senior Center, and River Park Plaza, Orchard Nutrition Site, and Arthur community Center. Liquid meals are provided for persons who cannot swallow solid food. Living Independence for Everyone also administers the United States Department of Agriculture funds for the Bedford and Dundee Centers.

Milan Senior Center & Community Center**439-4310**

The Milan Senior Center & Community Center provides activities and socialization daily to Monroe County and Washtenaw County seniors. Noon meals are provided three times per week by the Washtenaw County nutrition program.

Monroe Center for Healthy Aging**241-0404**

The Monroe Center for Healthy Aging is a multi-purpose center where seniors and others enjoy a wealth of programming, activities, support, information, and assistance while offering a social setting and congregate meals. Additionally, the Monroe Cancer Connection operates out of the center by providing education and supporting the Monroe County community in the fight against cancer. The Cancer Connection strives to provide the best service for each individual and offer an array of services, from transportation to nutrition discounts, focusing on the immediate needs of those who are suffering from cancer in Monroe County.

Monroe County Commission on Aging**240-7363**

The Monroe County Commission on Aging serves as a funding source to providers of senior services in Monroe County. The funds come from the .50-mill tax levy that homeowners pay annually. The difference between what is budgeted and what the millage is expected to generate comes from the Commission on Aging's fund balance. By coordinating agencies that offer senior services, the Commission hopes to maximize services and avoid duplication.

Monroe County Commission Health Department**240-7800**

The Monroe County Health Department offers Diabetic Education to seniors 60 years of age or older. The programs are for those seniors who are uninsured; do not have many options regarding diabetic education and access to group or individual counseling to manage their disease and complications related to diabetes.

Monroe County Opportunity Program**241-2775**

The Monroe County Opportunity Program is a non-profit community service agency that offers senior residents of Monroe County service programs such as, the Commodity Supplemental Food, Unmet Emergency Needs, Fuel Assistance, Home Care, Personal Care, Respite Care, Home Chore, Home Injury Control, Portable Temporary Ramps, Resource Advocacy, Specialized Transportation, Grandparents Raising Grandchildren Education, and Housing Assistance Programs.

Monroe County Senior Legal Services**241-7644**

The Monroe County Senior Legal Services provides legal assistance to residents of Monroe County who are 60 years of age or older in the greatest social or economic need such as Elder Law, Legal Counseling, Legal Education/Information and Legal Representation.

Monroe Center for Healthy Aging**241-0404**

The Monroe Center for Healthy Aging is a multi-purpose center where seniors and others enjoy a wealth of programming, activities, support, information, and assistance while offering a social setting and congregate meals.

The Monroe Cancer Connection Transportation Program**241-8888**

The Monroe Cancer Connection educates and supports the Monroe County community in the fight against cancer. They strive to provide the best service for each individual by offering an array of services, from transportation to nutrition discounts, focusing on the immediate needs of those who are suffering from of cancer in Monroe County.

Retired Senior Volunteer Program

The Retired Senior Volunteer Program is a volunteer driven program where senior volunteers are matched with non-profit organizations and/or special events to provide services such as visiting shut-ins, helping schools by tutoring schoolchildren, serving as clerical aides, and library assistants. Persons must be 55 years of age or older to become a volunteer with this program.

- **Monroe** **241-8181**
- **Bedford** **850-6040**

Self & Family Behavioral Healthcare**586-0031**

The Self & Family Behavioral Healthcare program provides elder counseling and mental health services to the elderly of Monroe County.